

The Ohio State University
College of Education and Human Ecology
Department of Human Sciences
Human Nutrition (HUMNTR-MN)

College of Education and Human Ecology
EHE Office of Undergraduate Education
A100 PAES Building, 305 Annie & John Glenn Ave.
614-292-9261 <http://ehe.osu.edu/>

The minor in Human Nutrition is designed to provide the student with an introduction to the area of human nutrition. Completion of the undergraduate Human Nutrition minor could benefit students interested in pursuing careers in food, fitness, hospitality, business, education, nursing, and other health-related professions.

The minor is composed of the following courses, which must total at least 15 credit hours.

Required Courses (3 courses; 6-8 CH):

1. HUMNTR 2200 Nutrition for Health Professionals (2)

-OR-

HUMNTR 2210 - Science of Human Nutrition (3)

-OR-

HUMNTR 2310 - Fundamentals of Nutrition (3)

(Prereq: Biology 1113 (113), or 1101 (101), or equiv; and Chem 1210, or 1610, or 1910H; and Chem 1220, or 1620, or 1920H, or 1250)

-OR-

HUMNTR 2410 - Science of Human Nutrition (4)

2. HUMNTR 3506 Nutrition across the Life Span (3) Prereq:
2210, 2310, 2410, or AnimSci 3130

3. HUMNTR 2295 Careers in Nutrition (1)

Elective Courses (at least 3 courses; 7-9 CH)

Students must choose at least 3 courses from the list below. At least 3 credits hours must be at the 3000-level or higher. *Please note that many courses below have prerequisites; students should consult the course catalog prior to enrolling.*

HUMNTR 2314 - Fundamentals of Food (3)

HUMNTR 2450 - Foodservice Sanitation and Safety (1)

HUMNTR 3704 - Public Health Nutrition (2)

HUMNTR 3313 - Food in Different Cultures (2)

HUMNTR 3415 - Global Nutrition Issues (2)

HUMNTR 3780H - Research Methods in Nutrition (1)

HUMNTR 3998 - Undergraduate Research in Human Nutrition (repeatable) (.5-6 CH)

HUMNTR 4504 - Nutrition Education and Behavior Change (3)

HUMNTR 4609 - Macronutrients (3)

HUMNTR 4610 - Micronutrients and Phytochemicals (3)

HUMNTR 5100 - Integrating Nutrition into the Contemporary Marketplace (3)

HUMNTR 5705 - Nutrition and Physical Performance (2)

KNHES 2995 – Food is Function, Movement is Medicine (4)

Human Nutrition minor program guidelines

Credit hours required

A minimum of 15 credit hrs. 1000 level courses shall not be counted in the minor. At least 6 credit hrs must be upper-level courses as defined by the College of Education and Human Ecology (3000 level or higher).

Transfer and EM credit hours allowed

A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination.

Overlap with the GE A student is permitted to overlap up to 6 credit hours between the GE and the minor.

Overlap with the major and additional minor(s)

- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

Grades required

- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative GPA for all minor course work
- Course work graded Pass/Non-Pass cannot count on the minor.
- No more than 3 credit hours of course work graded Satisfactory/Unsatisfactory may count toward the minor

X193 credits No more than 3 credit hours

Declaring the minor

Students should see their assigned academic advisor to declare the minor prior to the filing of the graduation application. Students do not need the approval of the College of Education and Human Ecology to declare the minor.

Approval of Coursework

Initial approval of the minor coursework:

Students who complete the minor following the guidelines on this sheet need only verify with their academic advisor that the minor appears complete on the degree auditing system. No approval from the College of Education and Human Ecology is required.

Approval for courses not listed on this form to apply to the minor program:

Students must obtain the approval of the College of Education and Human Ecology to apply courses not listed on this form toward the Human Nutrition minor. Please call the EHE Office of Undergraduate Education at 614-292-9261 to request approval.

College of Arts and Sciences Curriculum and Assessment Services
306 Dulles Hall, 230 Annie and John Glenn Ave
<http://artsandsciences.osu.edu>
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Updated 07-05-2024 RLS
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